









42nd edition Dudinská 50

National 35 km Championships of the Slovak Republic, Czech Republic, Croatia, Lithuania, Hungary, Poland and Romania Men/Women



DUDINCE - 25.03.2023

Update 7.3.2023























ORGANIZER

Slovak athletic federation

Slovenská atletika s.r.o.

Town Dudince

ORGANIZING COMMITTEE

Chairman of LOC Peter Korčok

Technical delegate WA Miloslav Lapka

Technical delegate SAF

Competiton director Július Korčok <u>julokorcok@gmail.com</u>

Referee Peter Filo

Registration Veronika Ľašová <u>lasova@atletika.sk</u>

Transport Monika Sliacka <u>monikasliacka@gmail.com</u>

Chief Judge Martin Škarba























TEAM MANUAL

REGISTRATION AND ACCREDITATION

Athletes can register for the competition until 19.3.2023 by e-mail to lasova@atletika.sk The registration e-mail must contain name, surname, gender, date of birth, event, club, country and personal best.

If any National Athletic Federation is interested in organizing their national championships in our competition it is necessary to send a request to the Slovak Athletic Federation – kirnova@atletika.sk by 28th February 2023.

Entry fees:

35 km Walk Men and Women	30,00€
20 km Walk Men and Women	30,00€
10 km Walk U20 Men / Women and U18 Boys	10,00€
5 km Walk U18 <mark>Boys</mark> / Girls and Masters	10,00€
3 km Walk U16 Boys and Girls	5,00€
1 km Walk U14 Boys and Girls	5,00€
1 km Walk U12 Boys and Girls	5,00€

The entry fee must be paid at the competition office in cash.

Starting pack includes T-shirt and bib number.























WALKING EVENTS

35 km Men and Women

20 km Men and Women

 10 km Men and Women
 U20 (2004-2005)

 10 km Boys
 U18 (2006-2007)

5 km Boys and Girls U18 (2006-2007)

5 km Masters

 3 km Boys and Girls
 U16 (2008-2009)

 1 km Boys and Girls
 U14 (2010-2011)

 1 km Boys and Girls
 U12 (2012-2013)

Time limit to enter into final lap for 35km is 3:45:00 for men/women

Competition office

Competition office will be open in the Town Hall on the 24th March 2023 from 1 pm until 7 pm and on the 25th March 2023 from 6 am until the end of the competition.

Accreditation

All athletes (or their team leaders) shall report to the competition office on the 24th March 2023 before 7 pm in order to go through the accreditation procedure and to receive their starting pack.

Penalty Zone

Penalty zone will be in use for all events, except 1km races, in accordance with WA rule 54.7.3.

Call room

All athletes must report to the call room (located 30 metres from the start line) no later than 15 minutes before their event

Protests and appeals

Protests concerning the result or conduct of an event shall be made orally to the Referee within 30 minutes of the official announcement of the result of that event (according to WA Rule 8 of the Technical rules).

Changing rooms

Changing rooms will be located close to the call room separetely for men and women. The organizer is not responsible for any lost or damaged items left in those premises























TIMETABLE

8:10	Opening ceremony	
8:30	35 km Men	
8:31	35 km Women	
12:00	5km <mark>U18</mark> Boys and Girls, Masters,	
	3km U16 Boys and Girls	
12:40	1km U14 / U12 Boys and Girls	
13:10	20 km Men/Women	
	10 km U20 Men, U20 Women, U18 Boys	
13:30	Victory ceremony of the national championships	
	35 km Men/Women	
15:00	Victory ceremony 35km Men/Women 20km Men/Women	

Doping control:

Provided by the Slovak Anti-Doping Agency in accordance with WA (World Athletics) rules)

Medical service, first aid:

It will be provided during the race on the circuit. All participants start at their own risk and are responsible to arrange their own insurance to cover expenses in case of illness or injury during the trip and during the event

Victory ceremonies

The victory ceremonies of youth categories and masters will be held within 30 minutes after the events.

The victory ceremonies of the main events will be held according to timetable.

COVID 19 restrictions

Competition will be organized under the rules of the ministry of education and current restrictions of the Public Health Authority





















PRICE MONEY

35km Men and Women

place 1 000 €
 place 700 €
 place 500 €

20km Men and Women

place 700 €
 place 500 €
 place 300 €

Above amounts in 20km race will be paid in full if athletes achieve the following time:

M 1:25:00, W 1:33:00, otherwise the amount will be reduced by 50%

Payment of financial rewards, by transferring money into the competitor's bank account, will be made only after the official results have been issued. Winners of each category will be contacted by the organizer after publishing the official results. The competitors will be asked to send their bank details by e-mail to the Slovak Athletic Association (mail: office@atletika.sk).











ACCOMMODATION

Organiser does not provide accommodation. Participants make their own arrangements.

TRANSPORT

Requests of athletes and teams for transport from the airport to Dudince and from Dudince to the airport must be send to Monika Sliacka (+421 905 672 628) to the e-mail address: monikasliacka@gmail.com by 17th March 2023. Payment for transport will be paid to the organizer in the competition office.

The request must comprise the following information:

- name and surname of each transported person
- place, day and time of arrival
- place, day and time of departure

Transport provided by organiser:

BRATISLAVA - DUDINCE	45EUR/person	DUDINCE - BRATISLAVA	45EUR/person
VIEDEŇ - DUDINCE	60EUR/person	DUDINCE - VIEDEŇ	60EUR/person
BLIDAPEŠŤ – DLIDINCE	40 -FUR/nerson	DUDINCE – BUDAPEŠŤ	40EUR/person











MAP OF THE COURSE













PARTNERS

























ORTOTECH -ORTOREHA









